

Our ref. (casenumber.):

Adviser:
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Information about an employee at Språksenteret having contracted COVID-19

It has been ascertained that an employee at Språksenteret has contracted COVID-19. The Districts Infection Detection Team are following up the infected and everyone who needs to quarantine has been notified. All other students can go to school as normal.

What happens now?

- **Ten pupils in class 89A is defined as close contacts, and must stay quarantined through Thursday, November 19th.**
- Other affected close contacts are also quarantined.
- **Affected close contacts are strongly recommended to book a test for COVID-19, regardless of symptoms. This is a change in the guidelines due to the rising infection rate.**
<https://www.fhi.no/en/op/novel-coronavirus-facts-advice/testing-and-follow-up/test-criteria-for-coronavirus/>
- Should the pupil develop symptoms of COVID-19, which include cough, sore throat and fever, you can make an appointment for testing via a self-registration form.
- For pupils who become ill and are in need of a medical check, parents must contact the pupil's general practitioner (GP). Outside of the GP's openings hours, you can contact the emergency room.
- Note: pupils who have not been told to quarantine and have no symptoms, do not need to be tested.
- If the situation changes, you will receive new information.

General encouragements

Everyone is encouraged to follow the health authority's pandemic prevention advice. These include stay at home if you feel ill, keep a safe distance and wash your hands thoroughly. For more information, see The Norwegian Institute of Public Health's pages:

<https://www.fhi.no/en/op/novel-coronavirus-facts-advice/facts-and-general-advice/social-distance-quarantine-and-isolation/>

With kind regards
Lars Erik Hansen
Chief District Medical Officer

Pål Einar Røch Johansen
Principal Språksenteret

